

The East Bay Therapist

2550 Ninth Street, Suite 207-A • Berkeley, CA 94710 • (510) 848-8400 • Fax (510) 848-9400 • www.eastbaytherapist.org • 2009 - First Quarter

STATE CAMFT BYLAWS REVISION AND HOW IT AFFECTS OUR CHAPTER

By *Martha Jimenez-Rosales*

This past summer, the Board of Directors of the East Bay Chapter of CAMFT became aware of proposed Bylaws revisions by the State CAMFT Board. Of particular interest was the concern that the revised Bylaws specifically stated that all Chapter Boards could only be comprised of LMFTs, except for the Prelicensed Board position. This brought a tremendous number of objections from other Chapters communicating back and forth on the Chapter Leadership Listserve.

It was clear that the majority, if not all, of the Chapters have multiple networking and/or prelicensed individuals on their Boards. It was also made very clear in their e-mails that their very survival depended upon such talented individuals since they had a difficult time recruiting people to serve on their Boards. The decision was made to have the individual Chapters send a letter to the State CAMFT Board asking for reconsideration and further revision to allow individual

Chapters, to decide the makeup of their own Boards. Our Chapter along with about half of all the Chapters did send such a letter. The State CAMFT Board responded by allowing one networking member and two prelicensed individuals to become Chapter Board members.

This January the CAMFT Board of Directors met in Sacramento. And as a result of the meeting, the CAMFT Board reconsidered its prior position on the makeup of the board of directors of chapters and came to the following conclusion:

The previously accepted change in the CAMFT Bylaws (Article XXII) has been modified to permit no more than 35 percent of a Chapter's Board of Directors to be CAMFT associate members or prelicensed members who will have the ability to vote while on the Board. Associate or prelicensed members may not serve as president elect, president, or

past president. In case of necessity, however, a chapter would be able to request a variance from the CAMFT Board if the provision indicated above is not achievable. Such request is granted solely for a one year period. If a variance is needed in a subsequent year, it would require a separate request of the CAMFT Board.

It is important to remember that these changes will need to go to the CAMFT membership for a vote along with other proposed changes to the Bylaws. That voting process is expected to be completed by June 1. All I ask is that you take the time to read the State CAMFT Bylaws revision thoroughly and vote. Your vote is important! If you have any questions, please feel free to contact CAMFT .

Thank you for your support.
Martha Jimenez-Rosales



PRESIDENT'S CORNER

by **Martha
Jimenez-Rosales**

For many of us 2008 was a trying if not difficult year, and no doubt some of those challenges will continue as our regional economy struggles right alongside the national and global economies. I hope that a New Year has refreshed your mind, infused you with new ideas and possibilities and energy to make the most of those new opportunities.

EB-CAMFT Board of Directors will continue working on the current challenges and priorities, knowing that while perfection can only be a fleeting accomplishment, continuous incremental improvement is an achievable and worthwhile objective. Lets keep in mind that the foundation of all strong organization is the people who know and care about each other.

As my second term comes to an end I want to thank all those individuals who guided and supported me through my journey with EB-CAMFT. I want to thank the board for their patient during my hard times this past year.

Lastly, I would like to remind you all that we have many exciting presentations and events coming up this year. Please stay tuned by reading our quarterly newsletter, browsing through our web site, and by viewing our online calendar of events.

I look forward to serving you as past-president and hope that together we can strengthen our association.

Sincerely,
Martha Jimenez-Rosales, MA. MS. MFT
Intern
Salmar1434@yahoo.com

2009 BOARD OF DIRECTORS

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Tri-Valley Networking Program Coordinator

Sylvia Meier (925) 628-2257 sylvia@sylviamieiermft.com

Office Manager

Iris Cornelious (510) 848-8400 Iris@eastbaytherapist.org

A Warm Welcome to New Members

We extend a warm welcome to our new members who joined the East Bay Chapter in 2008. We are happy to have you in the East Bay Chapter of CAMFT. Your membership brings new vitality and energy to the Chapter and enhances its professional status in the community. There are many opportunities to become active in the chapter. If you are interested, call the office at (510) 848-8400 or contact@eastbaytherapist.org



Thanks to the wonderful EB-CAMFT members who gave a donation in 2008!

Christie Rigg

Eileen Flanagan

Steve Keightly

Sandra Jordan-Brachett

Judy Collins

EB-CAMFT

California Association of Marriage and Family Therapists

EAST BAY CHAPTER OFFICE

2550 Ninth Street, Suite 207A • Berkeley • CA 94710

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The East Bay Therapist

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Position Open

Events Editor

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Faces Columnist

Joan Gold

Newsletter Mailing

Iris Cornelious

Intern Column

Paula Moseley

CLINICAL ARTICLES: Members of EBCAMFT are invited to submit articles of clinical relevance for the newsletter. The features editor will determine which article(s) will be printed and will make all editing decisions for these articles. Please submit them to newsletter@eastbaytherapist.org.

FACES OF EB-CAMFT

By Joan Gold, MFT Intern



this month...

**Sylvia
Meier**

The subject of this month's column is Sylvia Meier, creator and coordinator of the Tri-Valley Networking Group (formerly known as Coffee Talk) for EB-CAMFT.

Sylvia originally created Coffee Talk as a way to collaborate with other therapists in the Tri-Valley area. "I put out an email on the e-tree. Next thing you know, a group of us were meeting monthly at a cafe in Pleasanton.

Over time, Coffee Talk has grown to include regular speakers and CEUs with Sylvia arranging the presentations, announcing and facilitating the meetings. EB-CAMFT began sponsoring the group in mid-2007.

A 1994 graduate of San Francisco State University, Sylvia knew from an early age what she wanted to do with her life. "As a teen, my mentor was a family therapist. I majored in psychology as an undergraduate, inspired by my own experience in personal therapy."

Through that experience, Sylvia learned how therapy could change a person's life for

the better. "I love working with people and learning how and why they do the things they do. I pursued my career as a therapist to continue connecting with others at a deep level."

With a list of professional influences that include Satir, Jung, Gottman and "many of my colleagues and supervisors I have had in my career," Sylvia describes herself as drawing from a mix of theoretical orientations. "I use experiential and cognitive behavioral with couples and teens. I am psychodynamic when I do long term, depth work with individuals. And I also practice brief therapy with some of my short-term, insurance clients."

She has a special passion for working with teen girls and women who don't know what they want out of life. "I love it when clients begin to discover their strengths and desires."

Sylvia plans to continue to grow her practice, supervise more interns and do more public speaking. "I have sat listening to clients for many years. I want to keep listening, but talk more about what I've learned from this process. I also have plans to spend more time with my seven years old daughter."

Her biggest professional challenge? "It had to have been the MFT orals. I was so jaded from all the years of struggling as an intern that I was angry. My feelings got in the way

of passing the first time. I made it the second time around, after working on my emotions in therapy."

The most important advice Sylvia has been given about doing this work came from an early supervisor. "She encouraged me to take good care of myself. She stressed the need for regular time off, personal therapy as needed, exercise, fun time and supportive relationships.

Now Sylvia makes sure to include all of the above in her daily life. "For rejuvenation I'm training for a half marathon and I practice yoga. I also love to travel and hang out in the mountains with friends and family."

For those interested in developing a practice and a professional identity, Sylvia offers this advice: "Follow your heart. Know what you love and go get it. Don't be afraid to be a trailblazer. Be creative. Step out of your office and meet with other therapists on a regular basis.

"Talk about what you want to do and it will come your way. The sky is the limit as to what you can do with this license."

Sylvia Meier's psychotherapy office is located at 11740 Dublin Blvd., Dublin, CA 94568. She can be reached at (925) 628-2257 or www.sylviamiermft.com.

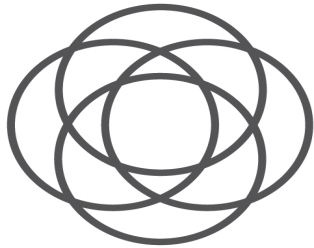
Berkeley/Oakland Networking Lunches

EB-CAMFT offers networking lunches in the Berkeley/Oakland areas. We introduce ourselves in an informal atmosphere while we enjoy a good meal. Bring business cards, flyers, or brochures if you have them. Come early, stay late!

RSVP to Karen Pernet (kepernet@yahoo.com)

When:
2nd Monday of the month,
Noon - 2pm
Introductions start at 12:15 and run
through 1:30
February 9
March 9

Where:
King Yen Restaurant
2995 College Avenue (about a half block
south of Ashby near Webster) in the Elm-
wood section of Berkeley
Please note: Our table is on the right hand side as
you face the restaurant



EAST BAY Counseling Choices

SEEKING NEW MEMBERS

East Bay Counseling Choices is a referral service of EBCAMFT.

We are a group of EBCAMFT members who volunteer our time in assisting people to find the help they need — our goal is to find the best referral for the client.

Potential clients contact East Bay Counseling Choices primarily by telephone through our yellow page advertising, our web site, agency referrals, and by word of mouth.

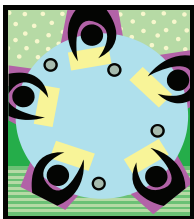
Each participating member pays a yearly share of costs for the maintenance of the referral service.

East Bay Counseling Choices is open to licensed MFTs, LCSWs, and Clinical Psychologists.

For more information, contact:
Judy Levit at 510/339-6651 x2 or Mary Threlkel at 925/974-8144

www.CounselingChoices.org

PAID INTERNSHIP



California State University, East Bay student counseling service is accepting applications from MFT Interns for academic year 2009 – 2010. Interns must be registered with BBS by 9/15/09.

Up to 20 hours per week, counseling individuals, couples & groups on a culturally diverse campus.

Includes individual & group supervision, seminars. September 2009 - June 2010.

Contact: Brian Reinhardt, Ph.D.,
510-885-3690, or caps@csueastbay.edu.

Application deadline, February 20, 2009.

*Excellent Training
Opportunity!*

WOMEN'S THERAPY CENTER is currently recruiting qualified interns for:

- Two-Year Intensive Training Program in Relational Psychotherapy
- One-Year Advanced Training Program with a focus on Couples Therapy

Both programs offer:

- Individual and Group Supervision
- Didactic Classes
- Diverse Clientele
- Culturally Informed Theory and Practice

For more information, applications, and interview dates please visit our website at:

www.womenstherapy.org

*If you have questions, please contact
Clinical Director Elena Moser, LCSW: (510) 845-3007*

Paid advertisement

WTC
WOMEN'S
THERAPY
CENTER

501 Kearney Street
El Cerrito, CA 94530

CONTINUING EDUCATION PRESENTATIONS

CHAPTER PRESENTATIONS

Chapter presentations alternate between Orinda and Berkeley locations, every other month on Saturdays. They are a great opportunity to network and learn from each other. Light refreshments are available at the Orinda location; none are available at the Berkeley location due to venue restrictions. Presentations are worth two CEUs and a \$5 (EB-CAMFT members) or \$10 (non-members) entry fee covers costs. Come join us for an opportunity to meet other therapists and learn new ways to help our clients and ourselves. (*Note: Volunteers who contact the coordinator may attend at no charge.*)

Saturday, February 21, 2009

9:30 am to 9:45 am - Networking

9:45 am to 11:45 am – Presentation

11:45 am to noon – Networking

2 CEUs to attendees

St. Mark's United Methodist Church

451 Moraga Way, Orinda

\$5 entry fee – Chapter members

\$10 entry fee – Non-members

“The Practice of Psychotherapy & the Spiritual Path”

Presenter: Donna Gans, MA

In Donna Gans presentation she will address the following questions. What does it mean to practice psychotherapy within a spiritual context? How does the spiritual or religious orientation of the therapist impact their clinical work? How does the spiritual and religious background of clients inform our work together? Can we as clinicians support the spiritual as well as psychological unfoldment of our clients?

Donna Gans, MA, is a psychotherapist in private practice in Berkeley where she works with individuals, couples and groups. She has a MA in counseling psychology with a transpersonal focus from JFK University. Donna works clinically with a psychodynamic-psychoanalytic orientation informed by more than twenty years of Tibetan Buddhist meditation practice. Donna has explored a range of wisdom traditions both Eastern and Western.

Donna Gans, MA dgans21@yahoo.com

Saturday, March 14, 2009

3:30pm to 4pm - Networking

4pm to 6pm – Presentation

2 CEUs to attendees

Epworth United Methodist Church

1953 Hopkins St., Berkeley

\$5 entry fee – Chapter members

\$10 entry fee – Non-members

“Art Therapy: Helping clients feel better in their bodies through the use of art in therapy”

Presenters: Eleanor Ruckman, Art Therapist, MFT

This presentation will focus on integrating art therapy techniques into traditional psychotherapy, to help clients increase their body

awareness and decrease discomfort. This presentation will begin with experiential exercises. The first is a sequence of drawing the hands, moving the hands, then drawing them again so that therapists can experience and witness the shift that movement makes on visual expression. A second exercise will be to have therapists draw or paint both regular and deep breathing, an intervention which is useful to teach relaxation and witness the body's processes. We will explore using a body outline to help clients identify and shift body sensations. Didactic information will include a short summary of how art therapy works to help process trauma, as well as guidelines for how to get clients started making art and how to process the art after it is created. Attendees will be invited to bring client art, and time will be given for questions and case material.

Eleanor Ruckman helps people experience wholeness and wellness, building on individual strengths and inner resources to develop creative solutions to stuck situations. Her approach blends visual art, body awareness, and relaxation exercises with thoughtful questions and careful listening. Ruckman has extensive experience treating traumatized, depressed and anxious children, adolescents and adults. Ruckman is a registered art therapist and licensed marriage and family therapist, with a BA in fine art from UC Santa Cruz and a MA in counseling and art therapy from College of Notre Dame in Belmont, CA. She emphasizes cultural competency, and is chair of EBCAMFT's diversity committee. Ruckman has provided training and consultation on the application of art therapy to agencies and therapists throughout the Bay Area. Ruckman has a private practice in the East Bay, and is the supervisor for the adolescent day treatment program at STARS Community Services in San Leandro.

Eleanor Ruckman, Art Therapist, MFT artgiveshope@yahoo.com

DIABLO SATELLITE GROUP

The Diablo Satellite Group of EB-CAMFT invites all Chapter members to join us at our monthly meeting from 10am to noon the first Wednesday of the month (with the exception of July and August). We serve coffee, tea and bagels and have time for informal networking before the presentation. Afterwards, we take time for formal introductions and networking announcements (with time to distribute brochures or flyers related to your practice), and also handle any existing business (which we keep to a minimum!). We are a friendly and open group, and everyone is welcome.

See PRESENTATIONS page 6

Presentations

From Page 5

Wednesday, February 4, 2009

10 am to 10:30 - Networking and refreshments

10:30 to 11:30 – Presentation

11:30 to Noon – Formal networking, introductions, business

One CEU to attendees

St. Mark's United Methodist Church

451 Moraga Way, Orinda

\$5 admission fee – Chapter members

\$10 admission fee – Non-members

(covers rent, refreshments)

“Working with Children & Adults on the Autism Spectrum Disorder Spectrum”

Presenter: Patricia Robinson, MFT

Patricia Robinson, MFT will be presenting on psychotherapy with children, teens and adults with autism, Asperger's and other Autism Spectrum Disorders. She will be discussing typical characteristics of this population, how to adapt therapy for these individuals and examples of effective interventions.

Patricia Robinson, MFT has a private practice in San Ramon. She works with children, teens and adults, and focuses on individuals with autism and Asperger's. You can learn more at <http://patriciarobinsonmft.com>, her blog for parents of special needs kids at http://blog.patriciarobinsonmft.com/social_skills_for_kids and her blog for adults with Asperger's at http://blog.patriciarobinsonmft.com/coach_for_aspergers.

DIRECTIONS TO ST. MARK'S

From Highway 24 Eastbound, take the Orinda exit. Turn right at the bottom of the off ramp. This road is Camino Pablo, but in a few blocks it becomes Moraga Way. Continue for about 1.8 miles; Good Shepherd Lutheran Church will be on the left and *St. Marks United Methodist Church* is just beyond that, also on the left.

From Highway 24 Westbound, take the Orinda exit, then take the second off ramp onto Camino Pablo and follow the above directions.

DIRECTIONS TO EPWORTH UNITED

From North of Berkeley: Take San Pablo Ave. to Marin Ave. Go left on Marin; right on The Alameda; left on Hopkins. Epworth is half a block up Hopkins on the left.

From Oakland or South Berkeley: Take Martin Luther King Jr. Way heading north to Hopkins and turn right. The church is half a block up Hopkins on the left.

TRI-VALLEY NETWORKING PRESENTATIONS:

EB-CAMFT Tri-Valley therapists offer a networking opportunity in Pleasanton. Come and enjoy coffee or tea and conversation with other therapists in a casual setting. Meet other MFTs to discuss your practice, specialty, questions or anything relevant to the field. We are a friendly group open to anyone who would like to stroll in for a little

networking. Hope to see you there. It's great to hear what therapists in the Tri-Valley and surrounding areas are doing these days. This presentation now offers 1 CEU!

We will meet Tuesday, Feb. 10th from 10 a.m. until 12 p.m. at a new, temporary location. Please join us at: 125 Ryan Industrial Court, Ste. 111 in San Ramon.

We'll meet informally from 10-10:30. Nanci DaSilva-Waldo will talk about her work with teens and body image. She will present from 10:30-11:30 or so. One CEU sponsored by EBAY CAMFT will be offered for the presentation. Certificates for the CEU are \$5. for EB- CAMFT members and \$10. for non-members.

Bring cards, flyers and brochures to promote your practice. From 11:30-12 we will do formal introductions.

The Coffee Talk Networking group is growing! I need a volunteer to help make coffee and boil water for tea. I can still bring the supplies, I just need someone to get this going for the meeting. If coffee isn't your thing, I could use help collecting money for CEUs and handing out certificates.

Coffee Talk is an EB- CAMFT sponsored event. EB-CAMFT is made up of volunteers. Without us, there would be no EB-CAMFT. Please support this great professional networking opportunity. Let me know if you can help.

Sylvia Meier, MFT

11740 Dublin Blvd., Ste. 201 • Dublin, CA 94568

(925) 628-2257 • www.sylviamiermft.com

CONTACT INFORMATION

Chapter CEU Presentations:

Nadesdye Valdes nadesdyvc@yahoo.com (510) 435-1490

Diablo Satellite Group:

Danielle Saunders at danielle@daniellesaunders.com or (510) 325-7194.

Tri-Valley Networking Presentation:

Sylvia Meier Sylvia@sylviamiermft.com (925) 628-2257

FRAGRANCE FREE MEETINGS

Please do not wear fragrances at our meetings so that those who are allergic may attend.

THANK YOUs

All CEU presenters volunteer their time for EB-CAMFT. We appreciate their dedication to continuing education and to supporting our profession.

Thanks to all those who have presented over the last several months.

EAST BAY CAMFT ADVERTISING POLICIES

ADVERTISEMENTS

Advertisements placed prior to the newsletter advertising deadline will appear in both the newsletter and on the website. Advertising submitted for only the website will appear for a period of 2 months from the date of posting. All ads must obtain approval by the Newsletter Editor and/or Website Editor before acceptance. CEU Provider Number (if applicable) and course leaders' license information must be printed in the ad.

Advertisers have the option of paying for an ad to appear for as long as one year. Please e-mail copy for both newsletter and website ads to "Advertising Manager" at: advertise@eastbaytherapist.org or submit through the website.

CLASSIFIED AD RATES

Member
\$1 per word

Non-member
\$2 per word.

DISPLAY AD GUIDELINES

Display ads one-half page and larger must have "Paid Advertisement" in 10-pt. type or larger placed at the top or bottom of the ad to identify it as advertising and not a Chapter activity. Advertiser must provide camera-ready copy with black ink on unfolded white paper for the newsletter; website ads should be transmitted to the above e-mail address.

DISPLAY AD RATES

Ad Size	Exact dimensions	Member	Non-Member
Two-Page Ad	9 1/2" tall x 7 1/2" wide	\$225	\$450
Full Page	9 1/2" tall x 7 1/2" wide	\$150	\$300
Half Page.....	9 5/8" tall x 3 5/8" wide	\$125	\$250
Third Page.....	9 5/8" tall x 2 3/8" wide	\$90	\$180
Quarter Page.....	4 3/4" tall x 3 5/8" wide	\$75	\$150
Eighth Page or Business Card Size.....	4 3/4" tall x 1 3/4" wide.....	\$50	\$100

East Bay Chapter- CAMFT Board and Volunteer Opportunities

**Do
you
want...**

To connect with an energetic group of therapists?
Nearly 1000 therapists in the area to know your name?
Free admission into all East Bay Chapter CEU opportunities?
A lot of other GREAT benefits?

The East Bay Chapter has the following openings for committee chairs. These positions are eligible for fabulous benefits, such as free Chapter membership for the year, free expanded listing in the East Bay Chapter's Therapist Finder, free advertising, free admission into all East Bay Chapter CEU and social/networking opportunities, and more! We also have opportunities for chapter members, both licensed and prelicensed, to join any of our various committees at any time. Due to the passage of the CAMFT bylaws amendment, all elected executive and appointed committee chair positions listed below must be filled by LICENSED clinicians only.

• **Advertising Manager:** part of the Newsletter team and works closely with the newsletter managing editor and office manager. The primary responsibility is to look for ways to maximize advertising revenue for the Chapter through outreach activities and periodically reviewing the rate structure, modifying it if necessary. This position can be shared between two people.

This position is open to be filled immediately.

*Approx. # of hours per month: 3 (plus 2 hours for board meeting).

• **Legislative Liaison:** stays abreast of and informs chapter members about legislative issues affecting MFTs. The liaison maintains close contact with the legislative committee of CAMFT.

This position can be shared between two people. This position is open to be filled immediately.

*Approx. # of hours per month: 2 (plus 2 hours for board meeting).

If you are interested in volunteering for a committee or board position, please contact

Martha Rosales, Chapter Past-President at salmar1434@yahoo.com.

Calendar of Events

EB-CAMFT 2009

February 4, Wednesday, 10-12

February 9, Monday, 12-2

February 10, Tuesday, 9:30 - 11

February 13, Friday, 4-6

February 16, Monday

February 21, Saturday, 10-12

March 1, Sunday

March 3, Wednesday, 10-12

March 9, Monday, 12-2

March 10, Tuesday, 9:30 - 11

March 13, Friday, 4-6

March 14, Saturday 10-12

Diablo Satellite Group CEU Presentation

Networking Luncheon
King Yen Restaurant, Berkeley

Tri-Valley Networking Program

Board Meeting
Hudson Management Office, Pleasant Hill

Newsletter and Website Article Deadline

Chapter CEU Presentation

Advertising Deadline

Diablo Satellite Group CEU Presentation

Networking Luncheon
King Yen Restaurant, Berkeley

Tri-Valley Networking Group

Board Meeting
Berkeley Chapter Office, 2550 Ninth St., Suite 207A

Chapter CEU Presentation

Remembering the Body in Psychotherapy

Deepen
Your
Work

Enliven
Your
Practice



**SOMATIC
PSYCHOTHERAPY
TRAINING**

Begins and ends with
5-day intensives.

Meets CA BBS
qualifications
for CEUs for
MFTs & LCSWs.
PCE#4150

 **Lomi Applied Somatics Training**

A year-long, multi-weekend intensive
April 2009 — March 2010

Trainers:

Kitty Chelton, MFT #30322, **Thomas Pope, MFT** #21126,
Theresa Beldon, MFTI #35405 (supervised by Ellen Jordan MFT
#32139) and **Jan Lowry-Cole, MFT** #32774

FMI/brochure: www.rememberingthebody.com
or call Kitty at 707 823-8203.

Professional Trainings in Reichian Therapy

Orientations:

- **Integrating Somatic Psychology into Current Therapeutic Paradigms**
Sat., 2/21/09, 9:30am-12:30pm, Mill Valley
 - **Breaking Through Patient Resistance**
Sat., 4/4/09, 9:30am-12:30pm, Mill Valley
- Cost:** \$50 each. Register for both at \$40 each (if paid by 2/6/09).
- CE's:** 3 CE credits for each class for MFT's and LCSW's. BRN CE status pending.

Dr. Patricia Frisch is a licensed psychologist and MFT (license M8298), a somatic analyst, family therapist, and group leader. She has been a practicing Organomic Therapist in the San Francisco Bay area since 1976 and is expert in the application of character analytic techniques.

Visit www.orgonomictherapy.com, email assist@orgonomictherapy.com, or call 415-388-0622 for more info and to register.

California Board of Behavioral Sciences Provider PCE4209

INTERN COLUMN

Intern Rep: Paula Moseley
baxterblanco@gmail.com

MFT COACHING:

The following individuals have coaching experience and will coach those who may need one-on-one assistance with the MFT licensing examination. Please contact them directly for their fees.

- Alex Rosenthal, LMFT,
alex@safetysend.com
- Jeanne Courtney, LMFT,
(510) 527-5662 ext. 2 or
bcourtney@earthlink.net

INTERN SUPPORT:

Support for issues such as: career, academic, test-taking stress, relationships, anxiety, depression, panic attacks, childhood abuse (see my website for more info). My style is empathic, compassionate, interactive and my approach is somatic, humanistic/transpersonal, relational. EMDR.
Edna Healy, MFT (510)459-3372,
MFC44722. www.ednahealy.com

UPCOMING WORKSHOPS:

Please notify us about any agencies in the community who have ongoing trainings, presentations and or seminars. If you want to post your workshops, please give me a call or email me. (You can also subscribe to Reminder to all interns: some of EB-CAMFT seminars and workshops may be allowed for BBS hours (upon your supervisor's approval). Some workshops are free of charge or may even have a minimal charge for interns. It is a great way to NETWORK!

INTERNSHIPS AVAILABLE:

We welcome the opportunity to be of service in placing interns through these listings. Please limit the free intern descriptions to two lines, (25 words MAX) plus brief contact information. Longer descriptions can be submitted as a paid ad to the newsletter and/or the website. Job posting will remain in intern Column for six months unless you request a longer run.

BERKELEY CREATIVE LIVING CENTER, a day program for mentally ill adults, has openings for MFT trainees or interns. This is a great opportunity for clinical experience and learning from the complex issues presented by this population. On-site supervisors (both individual and group) and very supportive environment. Commitment is 15 1/2 hrs./week for 12 mos. with 8-10 MFT Client contact hrs./week. \$500 stipend paid at completion of placement. For more information: <http://bonitahouse.org/clcIntern.html>. Contact Jim Moyers jim@bonitahouse.org or Rebecca Woolis rebecca@bonitahouse.org, (510) 548-2269.

ALTERNATIVE FAMILY SERVICES, serving children and families, is seeking a full-time Mental Health Worker (can be MFT Intern) for Alameda County-based mental health program. Offer competitive salary and benefits package. Email resume with cover letter to the Assistant Director of Mental Health Services, Guillermo Alvarez MFT, GAlvarez@afs4kids.org or fax to (510) 839-3888.

CONTRA COSTA COUNTY COMMUNITY SERVICES BUREAU which serves Head Start children, ages 3-5yrs., has (preferably bilingual) internships available. Training in play therapy provided. Part-time (20 hrs./week) position pays an hourly rate and comes with partial benefits. Prefer MFT Interns or trainees in last year of Masters program. For more information call (925) 646-1444, ex: 60991

EDEN COUNSELING SERVICES has a school based group facilitator position available. Groups are held at two middle schools in Castro Valley. Position will require 10-15 hours weekly. Payment is \$18-\$20 per group session. Some school experience is desirable but not necessary. Excellent supervision is available. Please fax or email cover letter and resume to Marge Bedrin, MFT, Clinical Supervisor at (510) 247-9825 or margebedrin@comcast.net

ASIAN PACIFIC PSYCHOLOGICAL SERVICES has MFT Intern positions avail-

able working with individuals and families of Asian and Pacific origins in Oakland, Richmond, and Brentwood. For more information contact Alan R. Stein: alanrstein@yahoo.com or Program Director David Young, PhD: dyoung@appsweb.org or fax cover letter and resume to (510) 233-4545.

CSU EAST BAY STUDENT COUNSELING SERVICE has a 20 hour/week paid internship available working with culturally diverse students--individuals, couples and groups. 9/2008-6/2009. Deadline to apply: 2/15/08. Contact Brian Reinhardt, Ph.D. at caps@csueastbay.edu

WESLEY ROBINSON, PH.D. has two paid MFT Intern positions available in Antioch, CA. He can be contacted at psychinstitute@comcast.net

ABC FAMILY SOLUTIONS has part-time paid MFT Intern positions available for \$20-\$25/hour, depending on experience. Positions include Office Based Child and Family Trauma Specialist in Antioch and a Home Visit Child and Family Trauma Specialist in Alameda County. For more information and to send your cover letter/resume contact Matthew Lindgren, MFT Intern: matt.lindgren@gmail.com

HORIZONS FAMILY COUNSELING in Livermore has an opening for an MFT Intern to work as a school counselor at a local continuation high school during morning hours. The position pays \$20/hour and requires approximately 15 hours/week. No phone calls. Please send cover letter and resume to mlund@ci.livermore.ca.us or fax to (925) 371-4950.

FAMILY SERVICE COUNSELING CENTER is opening a position for a Post-Masters Internship to begin in September. Serve a diverse population (children, adolescents, adults, couples, and families), provide long and short term therapy, and receive a stipend and payment for grant-funded clients/

See INTERN COLUMN page 10

Intern Column

From Page 9

groups. Send resume to: Anne Gregan-Ver, Family Services Counseling Center, 2208 San Leandro Blvd., San Leandro, Ca 94577. Fax to: (510) 483-6719

TVH Part-time paid Counselor position for individual and group counseling to domestic violence, sexual assault, homeless survivors and children. MA/MSW required. 15.00-\$17.00/hr. Contact: TVH, Attn: Mary, 3663 Pacific Ave., Livermore, CA 94550 or FAX to: (925) 449-2684.

TLC is looking for a bilingual Spanish speaking MFT intern. They provide early intervention services for children 0-5 years of age, and their parents and teachers. Contact: Grace Orenstein at graceorenstein@sbcglobal.net or at (510) 843-7531.

CENTER FOR CREATIVE GROWTH, Berkeley. Interns/Trainees. Specializing in healing shame, codependency, inner child

issues, spiritual/transpersonal growth. Contact: ww.creativegrowth.com/interns.htm or call (510) 527-2100.

SECOND CHANCE, INC. is seeking Interns and trainees for Hayward and Fremont centers. Diverse clientele. Ind, couples, families and children clients available. Contact: Becky Wright (510) 792-4357.

CRISIS SUPPORT SERVICES OF ALAMEDA COUNTY, seeking qualified bilingual/ bicultural candidates for a part-time position of Community Education Coordinator. Contact: Maggie Stern :mstern@crisisupport.org or fax: (510) 420-2461.

SEEKING STUDY PARTNERS FOR MFT EXAM and/or SEEKING STUDY MATERIAL FOR MFT LICENSING EXAM:

List your name, number, and type of exam if you are in search of study buddies for either the first written or the second exams (WCV). Please feel free to include other helpful information such as theoretical orientation and location desired. Best of luck!

[IMPORTANT: All licensed MFT willing to supervise registered interns please contact Intern Rep to list your information in the Intern Column. Interns need supervisors! Coaches for the first or the second MFT examinations, post your information in the intern column. Study groups for the first or the second MFT examination, list here. Selling or purchasing study materials (Live and Learn, Grossman, PASS, or AATBS)? Contact the Intern Rep to list here.]

STUDY MATERIALS FOR SALE:

If you have study materials for the MFT exam available, you can offer them for donation or sale here.

MFT Trainee & Intern Licensing Software Developed for California MFT Licensure, Track Your Hours is a web-based software application that tracks your hours of experience, generates BBS Weekly Summary and Experience Verification forms, and provides

useful visual reporting tools. No more confusing spreadsheets or calculators. Always know how many hours of experience you have, by category. PC/MAC. 30-day Free Trial. <http://www.trackyourhours.com>.

JOB SEARCH WEBSITES:

For you to further sleuth out internships...[To expand your search results, consider broad title descriptions and categories (i.e. mental health or social services).] Best of Luck!

www.aegismed.com
www.edjoin.org
www.bayareacareers.com
www.socialservices.com
www.craigslist.org
www.kaiserpermanentejobs.org
www.employmentwizard.com
www.insidebayarea.com
www.cc-courts.org/ctjjuv
www.co.contra-costa.ca.us/depart/hr/
www.cchealth.org/cchealthpages/pages/mentalhealth/
www.jobs.com
www.contracostaARC.com
www.careerbuilder.com
www.monster.com
www.psychotherapyjobs.com (for Southern California)

-If you wish to announce your new license, provide information about an upcoming workshop or support group for interns, offer MFT coaching, advertise an internship, sell your MFT exam study materials, or seek MFT exam study partners please contact us by sending an email to newsletter@eastbaytherapist.org Please include the words INTERNCOLUMN some where in the title so we know to include your information in the Intern Column in the next newsletter.



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LEGAL AND ETHICAL QUESTIONS?

EB-CAMFT recommends contacting the State Association of CAMFT
7901 Raytheon Road
San Diego • CA 92111
For members only • (888) 892-2638
Fax: (888) 892-2666 • www.camft.org

East Bay CAMFT Classified Advertising

For Interns

SUPPORT FOR ISSUES such as: career, academic, test-taking stress, relationships, anxiety, depression, panic attacks, childhood abuse (see my website for more info). My style is empathic, compassionate, interactive and my approach is somatic, humanistic/transpersonal, relational. EMDR. Edna Healy, MFT (510)459-3372, MFC44722. HYPERLINK "<http://www.ednahealy.com>" www.ednahealy.com

GAIN HOURS.

RECEIVE INSPIRING CONSULTATION.

Gather resources to create the career you desire. Get support during this profound growth process. Toi Lynn Wyle, MFT, 415/235-5481 or <http://www.toilynnwyle.com>.

CEUS/WORKSHOPS

Earn CEUs in weekend experiential workshops: Breathwork Therapy, Mindfulness & Stress Reduction, Body-Mind Therapy: Coming Home to the Body, Journey to the Center with Expressive Arts, Ecotherapy in Nature, Future Visioning. Toi Lynn Wyle, MFT, 415/235-5481 or <http://www.toilynnwyle.com>, PCE4137.

ON-GOING SEMINARS (since 1987) integrating latest in attachment theory, intersubjectivity, and object relations theory. CEUs for didactic portion. Mondays 12:20-2:20, Fridays 11:00-1:00. For syllabus or further information: Michael Gray, (Psy10328), (510) 525-6620.

RITUALS FOR HEALING AND TRANSFORMATION. 6 CEUs Empowering/Enlivening! 10/25-08. Connie Clark, MFT. (415) 721-0222. (PCE 2853).

RECEIVE INSPIRING CONSULTATION.

Gather resources to create the career you desire. Get support during this profound growth process. Toi Lynn Wyle, MFT,(415) 235-5481 or <http://www.toilynnwyle.com>. MFT33428

SEX ADDICTION GROUP THERAPY

For out of control, destructive sexual behaviors including internet sex, pornography, anonymous/prostitute sex, affairs. Also available spouses of sex addicts groups. Call Impulse Treatment Center (925) 280-6700. Director, Don Mathews MFT MV 20226

ISADORA ALMAN, MFT, Board certified sexologist, syndicated advice columnist, author. I specialize in sexuality, social skills, coupling (traditional and non), and communications (self-talk and with others). One time consultations or ongoing short term counseling. Full 90 minute sessions emphasize problem-solving, offering tools, techniques and resources. Office in Alameda (510) 521-2925 askisadora@aol.com.

HYPNOSIS

For licensing exams. Walnut Creek. Barbara Tuber-Sooy, MFT (925) 930-6717

For Clinicians

VOLATILE CLIENTS present special challenges. I offer consultation to help guide treatment and evaluate suitability for individual, couples, or group therapy. I also facilitate four weekly men's anger management groups. Over 22 years experience. Contact Albert Dytych (License #MFC25446) at The Center for NonAbusive Relationships, (510) 452-6243.

THERAPY FOR POSTPARTUM

Transform Postpartum Depression and/or anxiety into well being. Group and individual therapy. Call Joanne Davis, MFT at (510) 295-3270 or go to: <http://therapists.psychologytoday.com/rms/43856> for more information.

LOOKING FOR LICENSED THERAPIST to join established practice. Will provide website and case consultation. Not a paid position -the benefit is mutual. Remodeled serene but professional building, plenty of parking, in Walnut Creek. Three rooms facilitate both adult and child clients. Playroom has two sand trays, extensive sand tray collection, wide array of therapeutic toys. Second room is directed more towards adults or family work with access to a third portable sand tray. Phone, fax, video taping capability, DVD/VHS player. Refrigerator, microwave, and sink. Walk to restaurants and grocery store. Contact Tami at (925) 980-1805. Take a tour of our office at www.attachment-therpaygroup.com

Office Space

ATTRACTIVE AND PROFESSIONAL OFFICE at Quail Court in Walnut Creek, available Monday-Wednesday-Friday. Separate child therapy playroom in suite, kitchen. Cost: \$150/day. Contact Martha Sloss at (510) 654-5035.

BERKELEY OFFICE FOR PSYCHOTHERAPY. Intercom from waiting room. Access for you to kitchen \$395. (510) 849-0101

WELL APPOINTED CORNER OFFICE in desirable N. Berkeley location close to public transportation. Available Friday, Saturday, Sunday. \$125.00 per day or \$250 for all 3 days,

LOOKING FOR SPACE Tuesday, Wednesday, Thursday (1, 2 or 3 of the days) in Elmwood, Rockridge, Montclair. Please email me, gegemaslow@comcast.net, or call me at (510) 420-8838. Thank you, Georgia Maslowski, LMFT

PLEASANTON PSYCHOTHERAPY OFFICE

Sublet office in furnished suite with waiting room, call lights, kitchen, fax/copier, Internet, play therapy room. Various days and offices available, licensed psychotherapists only. Rebecca Stanwyck, LCSW (510) 881-2540.

CHARMING FULL TIME PSYCHOTHERAPY OFFICE

A sunny and bright corner office with expanse of windows, approximately 10' by 10' available for lease of \$610/month. The office is located in a central location of Oakland, CA. Close to Kaiser Hospital, freeways, mass transportation, & Piedmont Ave cafes and shops. The office comes with a kitchenette, private bath, waiting area and combination lock entry. The office suite is shared with other therapists who refer to one another. For more info., contact Vernita at (510) 420-4555.

CASTRO VALLEY/PLEASANTON

Sublet either of my furnished psychotherapy offices. Each has private waiting room, call lights, fax/copier, and other amenities. Various days available, licensed psychotherapists only, call for rates. Rebecca Stanwyck, LCSW, 510-881-2540.

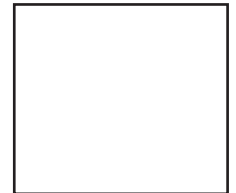
TO ADVERTISE IN NEWSLETTER & WEBSITE

Send your ads to advertise@eastbaytherapist.org for newsletter and web ads. Ad deadline for the second quarter (April-May-June 2009) edition newsletter is March 1, 2009. Web ads start any time and run for 3 months. See www.eastbaytherapist.org for more information.



EAST BAY CHAPTER - CAMFT (510) 848-8400
2550 Ninth Street, Suite 207-A
Berkeley, CA 94710

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visit our website:
www.eastbaytherapist.org

EB-CAMFT CHAPTER EVENTS

Saturday, February 21
Chapter CEU Presentation
“The Practice of Psychotherapy
& the Spiritual Path”

Presenter:
Donna Gans, MA
Orinda
See p. 5 for details

**DATES
TO REMEMBER**
Monday, 2/9, 3/9, and 4/13
Berkeley Networking Luncheons

Wednesday 2/4, 3/4, and 4/1
Mount Diablo CEU program

Friday, 2/13, 3/13, and 4/10 from 4-6 pm
Board Meetings, Berkeley

Saturday, March 14
Chapter CEU Presentation
“Art Therapy: Helping clients feel
better in their bodies through
the use of art in therapy”

Presenter:
Eleanor Ruckman, Art Therapist, MFT
Orinda
See p. 5 for details

Tri-Valley Networking Program

- 2/10 Nanci DaSilva-Waldo
- 3/10 Julie Levin, MFT Marketing for Therapists
- 4/10 Michelle Shimamura, MFT Working with Bereavement
- 5/12 Joanne Rodriguez, MFT Collaborative Divorce work
- 6/10 Cybelle Lolly, MFT Working with Clients with Chronic Pain

Publication Schedule for *The East Bay Therapist*

Second Quarter (April-May-June) 2009 edition
Deadline for Submissions: March 1 • Ad Deadline: March 1