<table>
<thead>
<tr>
<th>Client No. 1</th>
<th>Client No. 2</th>
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</thead>
<tbody>
<tr>
<td>Past</td>
<td>Now</td>
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**PHYSICAL ABUSE**

- Block the way, stand in doorway
- Hold captive, keep from leaving the house
- Lock out of shared home
- Refuse to help sick, injured, or pregnant partner
- Abandon partner in a dangerous place
- Push or shove
- Grab or hold
- Pin to floor, bed, wall
- Throw down or knock down
- Slap
- Hit with fist
- Twist arm
- Pull hair
- Kick
- Bite
- Pinch
- Butt heads
- Choke, put hands to throat
- Throw objects at partner
- Hit with an object
- Hit, shove, or kick pregnant partner
- Use a weapon to hurt or threaten
- Cause bruises, cuts, black eyes
- Cause broken bones
- Cause impaired vision or hearing
- Burn or scald
- Cause hospitalization
- Injure or disfigure permanently
- Prevent from receiving medical care
- Kill or attempt to kill

**VERBAL ABUSE**

- Scream or holler
- Use foul language
- Call names
- Put partner down, say demeaning things
- Criticize frequently or continually
- Make fun of a disability or shortcoming
- Make jokes at partner’s expense
- Ridicule or insult partner
- Create fear with your voice
- Yell in partner’s face (“nose to nose”)
- Manipulate with lies and contradictions
- Insult or drive away partner’s family or friends
- Ridicule or insult partner’s religion, heritage, race, class, beliefs
EMOTIONAL ABUSE

**Domination**
- Act like the boss
- Try to tell partner what he/she can or can’t do
- Force partner to do things against his/her will
- Treat partner as less than your equal
- Make important decisions without consulting partner
- Refuse to do your share of chores

**Intimidation**
- Prevent or impede movement
- Use physical size to frighten
- Create fear with actions, gestures, and facial expressions
- Remind partner of ability to hurt him/her
- Drive recklessly to frighten
- Have weapons your partner is afraid of
- Threaten regularly to leave or to make partner leave the relationship
- Threaten to hurt partner’s family or friends
- Threaten to take away children
- Threaten to hit, hurt, or abuse children
- Threaten to hit, hurt, or abuse partner
- Threaten to kill partner
- Threaten to hurt or kill yourself

**Humiliation**
- Ridicule or ignore feelings
- Ridicule or embarrass in public
- Ridicule or embarrass in private
- Force to do demeaning or degrading things
- Talk about an affair (real or invented) to hurt partner

**Harassment**
- Refuse to leave partner alone
- Follow around the house
- Stalk partner
- Accuse partner of being unfaithful

**Isolation**
- Prevent or discourage partner from seeing family or friends
- Refuse to let partner leave the house
- Refuse to let partner go to work or school
- Take away car keys or money
- Refuse to socialize with partner
- Refuse to let partner be alone in public
- Monitor partner, interrogate about where he/she has been

**Withdrawal**
- Withhold approval, appreciation, or affection to punish
- Withhold sex to punish
- Sulk angrily to get even

**Self-destruction**
- Hit or injure yourself
- Place yourself in dangerous situations
- Attempt suicide
**Using the children**

- Turn children against partner
- Use visitation to harass partner
- Punish or deprive children when angry at partner

**Destruction of property and pets**

- Threaten to destroy property
- Drop plants or dishes
- Break a window
- Punch or kick a wall, door, doorjamb, etc.
- Slam doors
- Smash objects (TV, stereo, phone, remote control)
- Destroy something of emotional significance
- Threaten to harm a pet
- Neglect, harm, or kill a pet

**SEXUAL ABUSE**

- Express intense jealousy
- Tell demeaning sexual jokes
- Treat others as sex objects
- Show sexual interest in others when with partner
- Have an affair when you agreed to be monogamous
- Minimize importance of partner’s feelings about sex
- Criticize sexual performance or frequency
- Insist that partner dress more seductively or less seductively
- Insist on unwanted touching or other sexual activity
- Threaten to retaliate if partner isn’t interested in sex
- Force partner to watch pornography
- Force your partner into sexual activity

**FINANCIAL ABUSE**

- Completely control the finances
- Refuse to let partner have his/her own checkbook
- Make partner ask for money
- Threaten to hurt partner financially
- Take money or steal property
- Threaten to withdraw financial support
- Refuse to pay your share of bills as agreed

**LEGAL SYSTEM ABUSE**

- Violate a restraining order
- Violate a child custody agreement
- Lie about partner to police or in court