

# ABUSIVE BEHAVIOR INVENTORY

<i>Client No. 1</i>		<i>Client No. 2</i>	
<u>Past</u>	<u>Now</u>	<u>Past</u>	<u>Now</u>
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- PHYSICAL ABUSE**
- Block the way, stand in doorway
  - Hold captive, keep from leaving the house
  - Lock out of shared home
  - Refuse to help sick, injured, or pregnant partner
  - Abandon partner in a dangerous place
  - Push or shove
  - Grab or hold
  - Pin to floor, bed, wall
  - Throw down or knock down
  - Slap
  - Hit with fist
  - Twist arm
  - Pull hair
  - Kick
  - Bite
  - Pinch
  - Pull hair
  - Butt heads
  - Choke, put hands to throat
  - Throw objects at partner
  - Hit with an object
  - Hit, shove, or kick pregnant partner
  - Use a weapon to hurt or threaten
  - Cause bruises, cuts, black eyes
  - Cause broken bones
  - Cause impaired vision or hearing
  - Burn or scald
  - Cause hospitalization
  - Injure or disfigure permanently
  - Prevent from receiving medical care
  - Kill or attempt to kill

- VERBAL ABUSE**
- Scream or holler
  - Use foul language
  - Call names
  - Put partner down, say demeaning things
  - Criticize frequently or continually
  - Make fun of a disability or shortcoming
  - Make jokes at partner's expense
  - Ridicule or insult partner
  - Create fear with your voice
  - Yell in partner's face ("nose to nose")
  - Manipulate with lies and contradictions
  - Insult or drive away partner's family or friends
  - Ridicule or insult partner's religion, heritage, race, class, beliefs

**EMOTIONAL ABUSE**

Domination

- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Act like the boss
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Try to tell partner what he/she can or can't do
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Force partner to do things against his/her will
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Treat partner as less than your equal
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Make important decisions without consulting partner
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Refuse to do your share of chores

Intimidation

- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Prevent or impede movement
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Use physical size to frighten
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Create fear with actions, gestures, and facial expressions
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Remind partner of ability to hurt him/her
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Drive recklessly to frighten
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Have weapons your partner is afraid of
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Threaten regularly to leave or to make partner leave the relationship
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Threaten to hurt partner's family or friends
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Threaten to take away children
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Threaten to hit, hurt, or abuse children
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Threaten to hit, hurt, or abuse partner
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Threaten to kill partner
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Threaten to hurt or kill yourself

Humiliation

- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Ridicule or ignore feelings
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Ridicule or embarrass in public
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Ridicule or embarrass in private
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Force to do demeaning or degrading things
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Talk about an affair (real or invented) to hurt partner

Harassment

- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Refuse to leave partner alone
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Follow around the house
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Stalk partner
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Accuse partner of being unfaithful

Isolation

- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Prevent or discourage partner from seeing family or friends
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Refuse to let partner leave the house
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Refuse to let partner go to work or school
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Take away car keys or money
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Refuse to socialize with partner
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Refuse to let partner be alone in public
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Monitor partner, interrogate about where he/she has been

Withdrawal

- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Withhold approval, appreciation, or affection to punish
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Withhold sex to punish
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Sulk angrily to get even

Self-destruction

- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Hit or injure yourself
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Place yourself in dangerous situations
- \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ Attempt suicide

Using the children

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- Turn children against partner
- Use visitation to harass partner
- Punish or deprive children when angry at partner

Destruction of property and pets

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- Threaten to destroy property
- Drop plants or dishes
- Break a window
- Punch or kick a wall, door, doorjamb, etc.
- Slam doors
- Smash objects (TV, stereo, phone, remote control)
- Destroy something of emotional significance
- Threaten to harm a pet
- Neglect, harm, or kill a pet

**SEXUAL ABUSE**

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- Express intense jealousy
- Tell demeaning sexual jokes
- Treat others as sex objects
- Show sexual interest in others when with partner
- Have an affair when you agreed to be monogamous
- Minimize importance of partner's feelings about sex
- Criticize sexual performance or frequency
- Insist that partner dress more seductively or less seductively
- Insist on unwanted touching or other sexual activity
- Threaten to retaliate if partner isn't interested in sex
- Force partner to watch pornography
- Force your partner into sexual activity

**FINANCIAL ABUSE**

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- Completely control the finances
- Refuse to let partner have his/her own checkbook
- Make partner ask for money
- Threaten to hurt partner financially
- Take money or steal property
- Threaten to withdraw financial support
- Refuse to pay your share of bills as agreed

**LEGAL SYSTEM ABUSE**

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- Violate a restraining order
- Violate a child custody agreement
- Lie about partner to police or in court